# The City of Quincy Board of Fire and Police Commission Announces

# Entry-Level FIREFIGHTER TESTING

Applicants must meet the following qualifications:

- CITIZENSHIP Must be a United States Citizen. If not a resident
  of Quincy, applicant must agree to move to Adams County
  within 6 months after appointment.
- **2. EDUCATION -** High School diploma or equivalent is required. Associates Degree is preferred.
- 3. AGE Not less than 20 ½ nor more than 34 years on the day of the test or have been actively employed as a career firefighter with an Illinois Fire Department or District within the last year. Any person who turned 35 while serving as a member of the active or reserve components of any of the branches of the Armed Forces of the United States or the National Guard of any state, whose service was characterized as honorable or under honorable, if separated from the military, and is currently under the age of 40 may also test.
- 4. All applicants must pass the following: written examination, candidate physical ability test, oral interview, background check, psychological and polygraph tests, a physical examination and a drug test. A fact sheet explaining various points about being a firefighter is included in the application packet.

# \$50,881.86

Plus subsequent increases and benefits. The City of Quincy is an Equal Opportunity Employer. **Women and minorities are encouraged to apply.** 

Applications, useful information, and testing dates, times and location can be found at <a href="www.quincyil.gov">www.quincyil.gov</a> under "What's New" or "News & Announcements". If you have questions after reviewing the web site, email the Quincy Board of Fire and Police Commission at <a href="mailto:fire&policeboard@quincyil.gov">fire&policeboard@quincyil.gov</a>. Applications may be submitted to the Quincy Board of Fire and Police Commissioners, 730 Maine Street, Quincy, IL 62301. The deadline for submitting applications is **Friday, August 26, 2022 at 4:30 p.m.** 

# **2022 Entry-Level Firefighter Testing Information**

Saturday, September 10, 2022 at 9:00 A.M. The <u>written test</u> will be conducted at John Wood Community College located at 1301 South 48<sup>th</sup> Street, Quincy, IL. The written test is 60% of the final score. Only applicants that have scored a 70% or higher on the written examination will move on to the interview phase.

It is highly recommended that applicants order the practice "Firefighter Aptitude and Character Test (FACT) Candidate Orientation Guide" by clicking the following link: <a href="https://www.fpsi.com/product/fact-orientation-guide/">https://www.fpsi.com/product/fact-orientation-guide/</a>. The FACT Candidate Orientation Guide is a helpful tool to prepare for the exam and can be downloaded as a PDF file and saved or printed. Please read through the disclaimer on the order page in order to have a successful download. Payments will be submitted through PayPal via an account or credit/debit card. Once payment is submitted, PayPal automatically redirects you back to the FPSI site where access to the download link will be located on the Order Details-Checkout Status page.

Applicants must pay close attention to ALL instructions on both FPSI and PayPal's websites in order to access the instant download successfully! The cost of this download is \$15.00.

<u>Interviews</u> of candidates that have achieved a written test score of 70% or higher will be conducted at Quincy City Hall, 730 Maine Street, Quincy, Illinois, beginning at **1:00** P.M. on the following dates: September 26<sup>th</sup> thru 30<sup>th</sup>.

Candidates will be notified by mail of the specific date and time. The interview scores are 40% of the final score.

Tie scores will be resolved by each applicant's written test score with the highest test score occupying the highest position on the list.

Preference Points will be awarded after final scores are calculated and the initial eligibility list is posted. Candidates must request the bonus points in writing within ten (10) days after the initial eligibility list is posted and furnish proof of qualifying preference.

All prospective applicants must have a valid **Candidate Physical Ability Test (CPAT)** card, upon notification of receiving a conditional offer of employment, unless currently employed by a full-time career department.

#### **Available Preference Points:**

Military Points – 5 point maximum per statute

Education – 3 point maximum

Associates, Bachelor or graduate degree – not fire-related (2 points) Associates, Bachelor or graduate degree – fire-related (3 points)

Medical Training – 3 point maximum

Current State of Illinois EMT License or current National Registry EMT Certification (2 points)

Current State of Illinois Paramedic License or current National Registry

# Paramedic certification (3 points)

Experience – 5 point maximum

Career firefighter or firefighter/paramedic – 2 years documented experience (5 points)

Certifications – 2 point maximum

State of Illinois Basic Operations Firefighter (1 point)
State of Illinois Advanced Technician Firefighter (2 points)

## APPLICATION FOR EMPLOYMENT BOARD OF FIRE AND POLICE COMMISSION FIREFIGHTER 2022

NAME:	LAST	FIRST		MIDDLE		
MAILING ADI	DRESS:					
IVIAILING ADI	STR	EET		CITY/STATE/	ZIP	
TELEPHONE H	HOME:		w	ORK:		
E-MAIL ADDF	RESS:					
*DATE OF BIF	RTH:	SOCIAL	SECURI	TY #:		
ARE YOU A U	.S. CITIZENYES	NO		*SEX:  *(	MALE OPTIONAL	
		EC	UCATIO	<u>DN</u>		
NAME	ADDRESS CITY/STATE	FROM	то	DIPLOMA/ DEGREE	MAJOI	R

OTHER TRAINING (Please submit certific	ates with application)	
SKILLS AND/OR SPECIAL TRAINING:		
BRANCH OF MILITARY SERVICE (Please submit DD214 with application)	ENTRY DATE DIS	CHARGE DATE
SERVICE CONNECTED TRAINING	TYPE OF TRAINING	CURRENT STATUS
How did you become aware of this posit Newspaper AdMagazine AdCity	EmployeeCollege Placemen	
City Web SiteOther (Ex  Do you have relatives employed by the Output  If yes, in what position:	City of Quincy:Yes	_No
If yes, what relationship:	cy employee:YesN	No
If yes, gives dates of employment and poor of the second sec		
Are your driving privileges currently revo or suspended in this or any other state:		
Have you ever been convicted of a felon  If yes, give date and nature of y		

As an applicant, you agree to and understand the following:

- 1. The City of Quincy is an equal opportunity employer. Pursuant to law, discrimination because of race, color, religion, national origin, physical or mental handicap, or status as a disabled veteran or veteran of the Vietnam era is prohibited. If you believe you have been discriminated against, you are encouraged to contact the City's Human Resources Director or you may notify the appropriate federal or state agencies.
- 2. A medical evaluation or examination shall be required prior to employment. Employment shall be conditional until results are known.
- 3. You must meet minimum/ maximum age requirements of applicable laws.
- 4. Your eligibility for a City of Quincy Police or Fire pension is based on the requirements set forth by the Police or Fire Pension Boards, the provisions of which will be provided to you upon your employment.
- 5. You will not be considered eligible for employment as a Quincy police officer or firefighter if you have been convicted of a felony offense or a crime involving moral turpitude (65 ILCS 5/10-2.1-6. (j).
- 6. The City of Quincy shall conduct investigations, including verifications of prior employment history, criminal and driving records, education and personal and business references. By signing the application you indicate your awareness that false statements or failure to disclose information may be sufficient to disqualify you for employment, or if employed, may result in your dismissal.
- 7. The Board of Fire and Police Commission of the City of Quincy reserves the right to conduct such additional testing as it sees fit to qualify applicants for employment. Such testing may include, but is not limited to: Written test(s), oral interview(s), polygraph exam(s), physical agility test(s), psychological exam(s), medical exam(s), background investigation(s), and any other exam(s) deemed necessary by the Board.

#### **CERTIFICATION OF APPLICATION**

I hereby certify that there are no misrepresentations in or falsifications of these statements and answers to questions. I am aware that should investigations disclose such, my application will be disqualified, my name removed from all eligible lists, and my applications for future positions will not be accepted. I am also aware that falsification of this application or any accompanying data may result in my dismissal from any position with the City of Quincy. I understand that acceptance of employment does not create a contractual obligation upon the City to continue to employ me in the future



**SIGNATURE** 

# **EQUAL EMPLOYMENT OPPORTUNITY DATA**

# **VOLUNTARY SELF-IDENTIFICATION**

Name				
	First	Middle	Last	
Position Applied For				
keeping in compliand developing and mon confidential. If you o treatment. Howevel maintain race, sex ar	ce with Federal Law itoring our Affirma choose not to answ r, if you choose not nd handicap inform	rs. Your responses are s tive Action programs. A er any of these question to "self-identify", we an	nployment decisions but trictly voluntary and wil ny information provided as, you will not be subject to under Federal regulat ual observation or personw.	I help in d will be kept ct to any advers ions required to
I do not wish to furn	ish this informatior	nInitial	Date	
Sex: Female M	lale Other _	Age: Birth d	ate:	
WhiteAfro Am	erican Asian or		owing racial/ethnic grou ican Indian or Alaskan N	-
(1) Do you have any perform the job app	limitations due to y lied for?Yes _	our disability that may	be handicapped/disablo	
(2) Do you know of a	nny special skills, mo ou might not other o?Yes No	ethods or procedures th wise be able to do beca		
	e.g., special equipn		performing the job for w hysical layout of the job	

	Χ					
<b>Signatu</b> Date	re					
Are you	ıSingle Married	_Divorced _	Separated			
Are you	ı living with your spouse	?Yes	No			
	If not explain					
Give the	e following information	regarding	marriage(s):			
	Date	\	Where		Wife's f	full maiden name
If a mar	riage to which you were	a party w	as ever dissolv	ed, complete the	followi	ng:
	Date of Divorce/Annul	ment	Explain		To Wh	nom Was Action ed
	Date of Divorce/Annul	ment	Explain			
	Date of Divorce/Annul	ment	Explain			
	Date of Divorce/Annul	ment	Explain			
Are you	Date of Divorce/Annulo	No		ddresses of your	Granto	ed
Are you	ı paying alimony?Yes	No		ddresses of your	Granto	ed
Are you	ı paying alimony?Yes	No		ddresses of your	Granto	ed
Are you If you h	ı paying alimony?Yes	No s), list the	name(s) and a		Granto	ed
Are you If you h	ı paying alimony?Yes ad a previous marriage(:	No s), list the	name(s) and a		Granto	ed
Are you If you h	paying alimony?Yes ad a previous marriage(:	No s), list the ou, adopte	name(s) and a	stepchildren.	Granto	spouses.  Where and with

	_YesNo					
	t yes, explain aying child supportYe	s No				
		<u>EDUCATION</u>				
·						
	Name	Address (include city, state, and zip)	From	То	Diploma/Degree	Major
High School						
College						
College						
Other Training						

# **DRIVING HISTORY**

nn you operate an autoi	nobile?YesNo	•	
river's License #	State	<u>-</u>	
as your license ever bee If ves, explain	n suspended or revoke	<del></del>	
_			
ive you ever held a driv If ves, list the sta	er's license in another te(s) and dates you he	<del></del>	
yes, not the sta	te(o) and dates you ne		
If yes, explain			_YesNo
From	To	Address	City and State

# **Military Service**

Have y	ou ever served in any m	illitary organization of th	e United States?	YesNo
	If yes, specify branch _			
What is	s your service serial num	nber?		
Are you	u now a member of a U.	.S. Reserve or National G	uard Unit?Yes	No
What v	vas/is the highest rank y	you have ever held?		
What v	vas your rank at dischar	ge?		
List per	riod(s) of active service.			
	From (Date)	_	To (Date)	
month		•	duty in the Armed	d Forces in the past six (6)
List any	y disciplinary action take	en against you while a m	ember of any bra	•
	Date	Infraction		Discipline

		CRIMINA	L HISTORY	
Have you ever b	peen convicted	of a crime other than	a petty offense?Yes	No
	give details bel	ow. City/State	Charge	Disposition
Date Al		City/State	Charge	Disposition
		probation?Yes	No	
If yes, g	peen placed on give details bel n Probation		No Charge	Probation Office
If yes, g	give details bel	low.		Probation Office Name
If yes, g	give details bel	low.		
If yes, g	give details bel	low.		
If yes, ફ	give details bel	low.		
If yes, ફ	give details bel	low.		
If yes, g	give details bel	low.		
If yes, g	give details bel	ow. City/State	Charge	
If yes, g  Date or	give details bel	ow.  City/State  to pay a fine in excess	Charge	
Date on Have you ever by If yes, 6	give details bel n Probation  peen required explain	city/State  to pay a fine in excess	Charge  of \$100?Yes	Name
lave you ever be lif yes, e	pive details belin Probation  Deen required explain	to pay a fine in excess	Charge  of \$100?Yes  y other than for an arrest	Name
If yes, g  Date or  ave you ever b  If yes, g  ave you ever b	pive details belin Probation  Deen required explain	to pay a fine in excess	Charge  of \$100?Yes  y other than for an arrest	Name

Are the	re any warrants or charg	es now pending against y	ou in any court?	NoYes
If ves. e	xplain			

# **EMPLOYMENT HISTORY**

List all jobs you have had in the last fifteen (15) years. Put your current or most recent job first. Include military service in proper time sequence and all temporary or part-time jobs.

Employer		From	то
Street	_ City	State	
Phone	Name of Su	pervisor	
Your Title/Duties			
Reason for leaving (be exact	ct)		
Employer		From	_ То
Street	City	State	
Phone	Name of Su	pervisor	
Your Title/Duties			
Reason for leaving (be example)		From	_То
Street	City	State	
Phone	Name of Su	pervisor	
Your Title/Duties			
Reason for leaving (be example)	•	From	_ То
Street	_ City	State	
Phone	Name of Sup	ervisor	

Your Tit	le/Duties
Reason	for leaving (be exact)
Have you ever su	bmitted an application for appointment to another fire department?
Yes	
If yes, p	lease explain
=	een discharged or forced to resign because of misconduct or unsatisfactory service of stigation?YesNo
If yes, ex	xplain
Are you now or hember?Yes	nave you ever been engaged in any business as an owner, partner or corporate No
If ves. n	lease explain

# **CREDIT HISTORY**

List three (3) commercial or business credit references (include bank or charge accounts, or firms you have borrowed money from for any purpose).

Name and address of	Type of Business	Amount	Approximate date
the firm			opened closed

Have you ever been sued?Yes _	No
If yes, give details	

List any outstanding debts and list amounts and whether in arrears.

Amount of Original	Amount Now Owed	In Arrears	To Whom Debt Owed
Debt		Yes/No	Name Address

			1	
ve you ever filed for bank	ruptcy?Yes	No		
If yes, please explain	າ			
	REFE	ERENCES		
		<del>-</del>	and not former employers,	
	=		ears. All persons to whom sonality and other qualities.	_
Name	Address	Home Phone	Business Phone	
=		riting, advocated or advi e or political subdivision	ised that the government of thereof, should be	Ī
	e, violence or any othe		YesNo	
<del>-</del>	= -	cumstances whether me to disqualify you from t	entioned or not, in response the position sought?	to
YesNo	<del>-</del>			_
did you become aware	of this position?			
ewspaper AdOn L	ine Ad	_City Employee	College Placement (	Office
er (explain):				
ou have relatives emplo	yed by the City of Quir	ncy?Yes	No	
s, what position?				

If yes, what relationship?			
Are you a former City of Quincy employee?  If yes, give dates of employment and position	Yes	No	
Are you a current user of illegal drugs?	Yes	No	

# BOARD OF FIRE AND POLICE COMMISSION QUINCY FIRE DEPARTMENT

#### **AUTHORIZATION TO OBTAIN PERSONAL INFORMATION**

I authorize and empower the City of Quincy's Board of Fire and Police Commission, any consumer reporting agency, or other outside service company engaged by said Board for this purpose, now or subsequently to obtain, prepare, use and/or furnish any of the following information including, but not limited to:

- 1) Any information concerning my current and former employment;
- 2) Any information concerning arrests and police reports/contacts on me from any law enforcement agency;
- 3) Any information regarding my education, credit, general reputation, health, personal characteristics and mode of living through correspondence or personal interviews with neighbors, friends or associates or others with whom I am acquainted or who may have knowledge concerning any of the above matters.

Upon written request, I understand that said Board will provide me with information regarding the nature and scope of the investigation if one is made.

X	
Signature of Applicant and date	
Printed Name of Applicant	

# BOARD OF FIRE AND POLICE COMMISSION QUINCY FIRE DEPARTMENT

#### **PHYSICAL AGILITY TEST**

#### **RELEASE OF ALL LIABILITIES**

The undersigned for and in consideration of the review of their application for employment as a firefighter or police officer with possible employment to result therefrom hereby releases, remise and discharges the City of Quincy, a municipal corporation, its officers, servants, agents and employees of and from any and all claims, demands and liabilities to me and on account of any injuries, losses and damages, to my person shall have been caused, or may at anytime arise as the result of a certain fire and/or police examination agility test conducted by the Board of Fire and Police Commission of said City of Quincy the intention hereof being to completely, absolutely and finally release said City of Quincy and its officers, servants, agents and employees of and from any and all liability arising wholly or partially from the cause aforesaid.

X	
	Signature of Applicant
	Printed Name of Applicant



# BOARD OF FIRE AND POLICE COMMISSION CITY OF QUINCY PROBATIONARY FIREFIGHTER FACT SHEET

Below is a list of the various points you should know about being a firefighter in Quincy, Illinois. Please read these carefully so there will no misunderstanding of what you can expect and what will be expected of you. Be sure you and your family want you to be a firefighter.

#### **BENEFITS**

**1. Starting Salary:** \$50,881.86

- 2. <u>Hospital Insurance</u>: Provided for each firefighter after six (6) months of employment with dependents covered for 50% of the cost.
- 3. Education Incentive: Provided for college level education achievement in the fire science field.
- 4. <u>Sick Day Benefit:</u> Accumulated at a rate of 12 hours per month. Annually, excess unused sick leave over 144 hours is purchased by the City at 100% of value.
- 5. <u>Vacation:</u> Up to 7 work days after the first year of continuous service with increase up to 12 work days after completing 20 years of continuous service.
- 6. Opportunity for Advancement.

#### **WORKING CONDITIONS**

- 1. <u>Hours of Work:</u> The Fire Department is never closed. It works 24 hours a day, 7 days a week. Individuals are assigned to work an average of 52.4-hour week on one of three shifts. A shift runs from 7:00 a.m. one day to 7:00 a.m. the next day. You then have 48 hours off.
- 2. <u>Uniforms:</u> Firefighters are required to wear uniforms. The department will purchase and maintain uniforms.
- 3. <u>Hair Styles/Beards:</u> Department rules prohibit hairstyles that are unsafe or interfere with the performance of a firefighter's duties. Beards of any type are not allowed.

4. <u>Probationary Period:</u> Each new firefighter is on probation for 12 months before becoming a permanent member of the department. During this period, anyone, who in the judgment of the Board, does not prove to be gualified to be a firefighter will be dismissed.

# **ESSENTIAL QUALIFICATIONS AND JOB FUNCTIONS**

- 1. <u>Education</u>: A high school diploma or equivalent certificate is required.
- 2. <u>Citizenship:</u> You must be a United Stated citizen. If appointed and you do not live within Adams County you are required to do so within six (6) months after appointment to the Quincy Fire Department.
- 3. Age: All applicants shall not be less than 20 ½ years of age nor more than 34 years on the day of the test or have been actively employed as a career firefighter with an Illinois Fire Department or District within the last year. Any person who turned 35 while serving as a member of the active or reserve components of any of the branches of the Armed Forces of the United States or the National Guard of any state, whose service was characterized as honorable or under honorable, if separated from the military, and is currently under the age of 40 may also test.
- 4. <u>EMS:</u> Persons appointed to the department must obtain an EMT-B license from the Illinois Department of Public Health within their 12-month probationary period. This EMS licenses must be maintained during your employment with the Quincy Fire Department. The department will pay for this training and the employee's salary will continue while attending training.
- 5. <u>Basic Firefighter Certification</u>: Persons appointed to the department must successfully complete a 7-week basic firefighter course within the first 12 months of appointment, and pass the Illinois State Fire Marshal's Basic Firefighter certification test. The department will pay for this training and the employee's salary will continue while attending this training.
- 6. <u>CPAT Certification:</u> The Candidate Physical Ability Test (CPAT) is designed to assess a candidate's capacity to perform the tasks ordinarily performed by a Firefighter while on the job. This is accomplished by requiring the candidate to perform a series of events that both simulate firefighting activities and depend on the physical abilities required to perform the Firefighter's job. These abilities include cardiovascular fitness, muscle strength, muscular endurance and flexibility.

#### **HIRING PROCEDURE**

The hiring procedure is long and difficult and the time involved will vary depending upon the outcome of tests and the availability of testing facilities. Although the procedure is arduous, it can be a rewarding position for those who pass all the tests.

If you meet all the above qualifications, can perform all of the essential functions for the job, and you want to make a career in the fire service, you should proceed as follows:

- 1. Fill out the application. When filling out the application, please be sure that all addresses are complete and correct.
- 2. Sign and date the Agility Test Release of All Liabilities form and the Authorization for Release of Personal Information form. If you have any doubt as to your medical condition regarding your ability to take this test, we strongly suggest you consult with your physician.

- 3. After the application has been completed and accurately filled out, please be sure it is signed in all the necessary places before submitting.
- 4. Return the application, Equal Employment Opportunity Data sheet, Agility Test Release form, and Authorization along with your service discharge and college certificate or transcript, if applicable, to the Board of Fire and Police Commission Office, 730 Maine Street, Quincy, Illinois 62301.

<u>Please Note:</u> All of the requested information must be included with your application before it will be considered.

5. Applicants who are not properly qualified will be notified by the Board.

#### ORDER OF AND EXPLANATION OF TESTING

#### A. Step I

- 1. <u>Written Test:</u> Written testing will be done on the date indicated in the 2022 Entry-Level Firefighter Testing Information.
- 2. <u>Aerial Climb:</u> Candidate must successfully complete the aerial climb event the day of the written testing, upon the first attempt. Safety equipment will be provided.
- 3. <u>Oral Interview:</u> The Board will conduct an oral interview with those candidates who are ranked on the preliminary eligibility list. The dates for the interviews are listed on the Information Sheet and specific times will be mailed to candidates at least 7 days prior to the interview. Those to be interviewed must have passed the agility test and be rated among the top 50 scores.

# B. Step II

- 1. <u>Initial Eligibility List:</u> Applicants who pass all Step I testing will have their names placed on an initial eligibility list in the order of their relative excellence as determined by the testing.
- 2. Within 10 days after the initial eligibility list is posted candidates may submit a claim for Preference Points in writing along with verifiable evidence (DD214, certificates, licenses, etc.) to the Board of Fire and Police Commission. Scores and Preference Points will be calculated to establish the final eligibility list.
- 3. <u>Initial Background Examination</u>: Applicants who pass the written test, physical agility test, and the oral interview will be given a Personal History Questionnaire to complete. The "Authorization" that each applicant has signed allows the Board to inquire into and applicant's background, that includes, but not be limited to, current and former employment history, personal and business references, education, credit history, general reputation, family and neighborhood interviews, and other matters that establish the candidate's mode of living. This investigation will be conducted by the Quincy Police Department, at the discretion of the Board. The Chief of Police will be responsible for conducting the inquiry and providing the results to the Board.
- 4. <u>Conditional Offer of Employment:</u> When an opening is available on the Fire Department as determined by the Fire Chief, the Board will provide a conditional offer of employment to a candidate on the final eligibility list for each opening available prior to the psychological exam. This offer of employment will be conditional on the candidate successfully completing the final tests in Step III.

5. <u>Candidate Physical Ability Test (CPAT)</u>: Candidate must provide verification of current CPAT certification upon notification of a Conditional offer of Employment, unless employed by a full-time career department. There will be no allowance for a candidate to pursue a current CPAT card if his or her CPAT card has expired.

#### C. Step III

An applicant who has received a conditional offer of employment must pass all the testing remaining in Step III. The order in which these tests are given may vary. An applicant who fails any of these tests will not be eligible for further testing.

- 1. Polygraph Test: Applicants will be given a polygraph test to determine their fitness for duty.
- 2. <u>Psychological Test:</u> Applicants will be given a psychological exam to determine their fitness for duty.
- 3. <u>Medical Exam and Drug Screen Test:</u> Applicants will be given a medical examination and drug screen testing to determine their fitness for duty.

Applicants who are not properly qualified will be notified by the Board at whatever phase of testing they become unqualified.

Successful applicants will be required to sign a Public Safety Employee Reimbursement contract prior to employment with the Quincy fire Department. This contract outlines the reimbursement for the cost of training the newly appointed firefighter should they decide to leave the department within 5 years for employment elsewhere as a firefighter.

Entry into the Quincy Fire Pension Fund is not required, nor is it automatic. Newly appointed firefighters must make application for entry into the pension fund through the Pension Board and may be required to furnish additional medical information. The Fire Pension Fund and its Board are entirely separate from the Board of Fire and Police Commission.

# CPAT INFORMATION

#### What is the CPAT?

The Candidate Physical Ability Test (CPAT) is designed to assess a candidate's capacity to perform the tasks ordinarily performed by a Firefighter while on the job. This is accomplished by requiring the candidate to perform a series of events that both simulate firefighting activities and depend on the physical abilities required to perform the Firefighter's job. These abilities include cardiovascular fitness, muscle strength, muscular endurance and flexibility.

#### Where is the CPAT Offered?

# **ILLINOIS:**

1. Central Illinois Fire Chiefs (CIFC)

Location: Decatur, Illinois

Website: http://centralillinoisfirechiefs.com/Cpat.aspx

2. Northeastern Illinois Public Safety Training Academy (NIPSTA)

Location: Glenview, IL.

Contact information: www.nipsta.org or (847) 998-8090.

### 3. Southwestern United Fire District (SUFD)

Location: Indian Head Park, IL (Cook County)

Contact information: <a href="www.sufd.org">www.sufd.org</a> or (630) 910-2087.

# MISSOURI:

1. MCC-Blue River Public Safety Institute

http://www.mcckc.edu/professional-dev/public-safety-institute/fireacademy/

If you are looking for a testing location other than Illinois or Missouri refer to this link: <a href="http://www.iaff.org/HS/Well/statelist.htm">http://www.iaff.org/HS/Well/statelist.htm</a>